

Sanctioned By:



2010 SPRING INVITATIONAL

- Dates:** Friday, Saturday & Sunday, May 21, 22 and 23, 2010
- Location:** The Igloo, 3033 Fostertown Road, Mt Laurel, NJ; 08054 (856) 638-0801
- Website:** www.scosnj.org
- Chairpersons:** Betty Field & Tezanne Zeringo
- Rules:** The Juvenile through Senior SP and FS events will be judged using IJS. All other events including Open Juvenile will be judged under the 6.0 system. The competition will be conducted according to the rules for the 2010-2011 competition season as set forth in the U.S. Figure Skating rulebook.
- Eligibility:** All entrants must be members in good standing of clubs having membership in U.S. Figure Skating or be an individual member of U.S. Figure Skating. Test requirements are as of April 10, 2010. Skaters may skate up one level from the highest FS test passed. Skaters may not skate 2 different levels of short program and/or freestyle events.
- Entries:** Enter online at www.scosnj.org or at www.entryeeze.com. Deadline for online entries, without late fees, is no later than 11:59 PM April 5, 2010. The Local Organizing Committee (LOC) reserves the right to limit entries in each category and the right to combine, divide or cancel groups. No changes may be made to a competitor's application once the deadline has passed. Late entries entered online after April 5th, 2010 may be accepted at the discretion of the LOC and will require an additional late fee of \$25. Entries entered online after April 10, 2010 will NOT be accepted.
- Entry Fees:** IJS EVENTS: 1ST event - \$90; 2ND event - \$60; Pairs/Dance Couples - \$45 each for 1ST event; 2ND event \$30 each. For 6.0 Events: 1ST event - \$65; 2ND event \$45. No refunds will be granted for any reason except events cancelled by the LOC (USFS# 3235). Under no other circumstances will a refund be given. This includes: conflicting family activities, injuries, illness or deaths in the family (USFS# 3235). There must be two or more entries in a category to hold an event. Should there be only one applicant for any category, the event will be cancelled and the skater will receive a refund for the cancelled event (USFS# 3233). If, on the day of competition, only one skater shows for an event, the event may be cancelled and the skater will receive a refund for that event.
- Limitations:** *We may not be able to accommodate all entries. If limits must be placed on any event, entries will be based on the entry date. Anyone closed out of an event will be notified and the applicable portion of the fee returned.
- Liability:** U.S. Figure Skating, the Skating Club of Southern New Jersey, The Igloo accept no responsibility for injury or damage sustained by any participant in these championships. The athlete and parent or guardian, agree to sign the US Figure Skating Waiver at registration.

Awards: Medals will be awarded to 1st, 2nd, 3rd and 4th place winners in all events.

Facility: The ice surface at The Igloo measures 200' by 85'.

Practice Ice: Practice ice may be available and will be announced on the website after the close of entries.

Registration/Music: The registration desk will open one hour before the first event. Competitors are advised to be in the arena and prepared to skate, at least one hour before their event in case the competition is running early. Pre-recorded CDs are required. No cassette tapes allowed. Only one track per CD is allowed. Music on CD-RW type CDs will not be accepted. Music must be clearly marked with the skater's name, level, and length of program and submitted one (1) hour before the start of the skater's event. The Skating Club of Southern New Jersey assumes no responsibility or liability for damage or loss of CDs. All competitors must have a duplicate CD with them at the rink. The Skating Club of Southern New Jersey/ will provide dance music.

Schedules: Schedules will be available 7-10 days prior to the start of the competition and will be posted on the SCOSNJ website: www.scosnj.org. Please do not send a self addressed stamped envelope. All information will be posted on the website. Please note that the schedule is prepared by the Referee after the close of entries and is based strictly on the number of events and competitors and the availability of judges. Please check the website for schedule and updates: www.scosnj.org
Competition questions e-mail: competitions.scosnj@gmail.com

Well Balanced Events (Refer to rule 3502 for information regarding vocal music)

Event Level	Highest FS test passed but no higher	Time (minutes) +/- 10 sec except where noted	USFS Rule
No Test Tots (7 & under)	No USFS FS tests passed	1:30	3720/3721
No Test – no axel	No USFS FS tests passed	1:30	3720/3721
PrePreliminary A – no axel	Pre Preliminary FS	1:30	3710/3711
Pre Preliminary B – with axel	Pre Preliminary FS	1:30	3700/3701
Preliminary	Preliminary FS	1:30	3700/3701
Pre Juvenile	Pre Juvenile FS	2:00	3690/3691
Open Juvenile (13 + as of 4/5/10)	Juvenile FS	2:15	3680/3681
Juvenile – IJS*	Juvenile FS	2:15	3680/3681
Intermediate Short – IJS*	Intermediate FS	2:00 max	3670/3671
Intermediate FS – IJS*	Intermediate FS	2:30	3670/3672
Novice Short Program – IJS*	Novice FS	2:30 max	3660/3661/3662
Novice FS – IJS*	Novice FS	3:00 ladies; 3:30 men	3660/3663
Junior Short Program – IJS*	Junior FS	2:50 max	3650/3651/3652
Junior FS – IJS*	Junior FS	3:30 ladies; 4:00 men	3650/3653
Senior Short Program – IJS*	Senior FS	2:50 max	3640/3641/3642
Senior FS – IJS*	Senior FS	4:00 ladies; 4:30 men	3640/3643
Adult Pre Bronze FS	Per Rule 3805	1:40 max	3805/3806
Adult Bronze FS	Per Rule 3800	1:50 max	3800/3801
Adult Silver FS	Per Rule 3790	2:10 max	3790/3791
Adult Gold FS	Per Rule 3780	2:40 max	3780/3781
Adult Masters FS	Intermediate FS and higher	3:40 max	3735-3776

*All IJS competitors must complete the Planned Program Content sheet. The form can be downloaded from our website at www.sconj.org or www.usfigureskating.org. Changes may be made to the Planned Program Content sheet up to one week prior to the event but you must email a new form to: competitions.scosnj@gmail.com

COMPETITIVE TEST TRACK

Skaters may enter either the test track free skate program or the well-balanced free skate program but not both during the same non-qualifying competition. Competitors will skate to music of their choice. The 6.0 judging system will be used for all Test Track events. Deductions WILL be made for skaters including technical elements not permitted in the event description.

0.1 from EACH mark for each technical element included that is not permitted in the event description.

0.2 from the technical mark for each extra or lacking element.

0.1 for any spin with less than required revolutions.

LEVEL	JUMPS	SPINS	STEPS	QUALIFICATIONS
CTT-1 Pre-Prelim Time 1:40max	Jumps with not more than one rotation (noAxels). Jump combinations or sequences using only a waltz jump, toeloop, and Salchow are permitted. Maximum 5 jump elements.	Two spins held in one position only of a different nature, no change of foot (Min 3 revolutions and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary freeskate test
CTT-2 Preliminary Time 1:30+/-10	Jumps with not more than one Rotation (noAxels). Jump combinations and sequences are allowed. Maximum 5 jump elements.	Two spins of a different nature, combination spins allowed (Min 3 revolutions each and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary freeskate test but may not have passed tests higher than the preliminary freeskate test
CTT-3 Pre-Juv Time: 2:00+/-10	Jumps with not more than one rotation (noAxels). Jump combinations and sequences are allowed. Maximum 5 jumping elements.	Three spins in any position (Min 3 revolutions), One must be a combination Spin with change off foot optional (Min 3 revolutions on each foot for 6 total revolutions and no flying spins).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile freeskate test
CTT-4 Juvenile Time 2:15+/-10	Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions one each foot) May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile freeskate test but may not have passed tests higher than juvenile freeskate test
CTT-5 Intermediat Time 2:30+/-10	Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with at least one change of foot (Min 4 revolutions on each foot). May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile freeskate test but may not have passed tests higher than intermediate freeskate test
CTT-6 Novice Time Ladies 3:00+/-10 Men 3:30+/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies.	Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot). May include flying spins.	One step or spiral sequence (see rule 3660 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate freeskate test but may not have passed tests higher than novice freeskate test
CTT-7 Junior Time: Ladies 3:30+/-10 Men 4:00+/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.	Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one combination spin consisting of all three positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)	Skaters must have passed at least the U.S. Figure Skating novice freeskate test but may not have passed tests higher than junior freeskate test
CTT-8 Senior Time Ladies 4:00+/-10 Men 4:30+/-10	At least four different double jumps) One must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men & 7 for ladies.	Three spins: One must be a spin in one position; one a flying spin, (6 revs each ft) one spin combo consisting of all 3 pos. & 1 change off ft (Min 2 in each position & min 5 revs on each foot).	Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior freeskate test

Basic Skills Competitive Test Track

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner <i>Skills up to and including Free skate 2</i>	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests. Skaters may have passed US Figure Skating Moves in the Field Tests	Up to 1:30 +/- 10
Beginner <i>Skills up to and including Free skate 3</i>	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests Skaters may have passed US Figure Skating Moves in the Field Tests	1:30 +/- 10

Compulsory Moves

Test and age requirements are the same as free skating levels. No music will be played. Elements may be skated in any order. Failed elements may not be re-tried. Additional jumps or spins are not permitted and will result in a deduction. No Test, Pre-Preliminary, Pre-Juvenile, and Adult levels will be skated on half ice. Juvenile will use the full ice surface. Male skaters may be combined with female skaters for this event.

Level	Elements					Duration
CM 1 No Test (half ice)	Bunny hops (three in a row)	Forward outside consecutive edges(2per foot	Salchow	Forward outside spiral (either foot)	One-foot spin (min 3 revs)	1:00 max
CM 2 Pre-Preliminary (half ice)	Single/single jump (no axel)	Salchow	Loop Jump	Forward inside spiral (either foot)	One-foot spin (min 3 revs)	1:00 max
CM 3 Preliminary (half ice)	Single/single jump combination (axels permitted)	Flip Jump	Front scratch or back scratch spin	Loop Jump	Sit-Spin (minimum three revolutions)	1:00 max
CM 4 Pre-Juvenile (half ice)	Flip Jump	Loop combination (any single jump combined with a loop)	Layback or cross foot spin	Lutz Jump	Sit Spin/back sit spin(minimum six revolutions)	1:00 max
CM 5 Juvenile /Open Juvenile (full ice)	Axel	Serpentine footwork sequence	Double/single or single/sigle jump cobination	Lutz Jump	Combination spin with only one change of foot	1:30 max

Solo Dance – Skaters will perform 2 dances per LEVEL

PRELIMINARY (Dutch Waltz/Canasta Tango)	May not have completed Pre Bronze dance test
PRE BRONZE (Swing Dance/Fiesta Tango)	May not have completed Bronze dance test
BRONZE (Hickory Hoedown/Willow Waltz)	May not have completed Pre Silver dance test
PRE SILVER (Foxtrot/14-Step)	May not have completed Silver dance test
SILVER (American Waltz/Rocker Foxtrot)	May not have completed Pre Gold dance test
PRE GOLD (Kilian/Starlight Waltz)	No test restrictions
GOLD (Viennese Waltz/Argentine Tango)	No test restrictions

Couple Dance, Pro Am Dance and Pairs please e-mail competitions.scosnj@gmail.com if you wish to compete.

Artistic

Skaters will be judged on the use and quality of edges, footwork, spins, and spirals, etc., as well as flow and expressing the rhythm of the music. Jumps are allowed and will be judged on the quality of the jump and not on its difficulty. Props are not permitted.

Levels/Time

ART 1) Juvenile/Open Juvenile/Intermediate - 2:10 max

ART 2) Novice/Junior/Senior - 2:40 max

ART 3) Adult (21 and over – no level restrictions) - 1:40 max

Showcase

Skaters will be judged solely on theatrical and artistic qualities from an entertainment standpoint, rather than the technical accuracy of specific moves. Please note, however, that skating must be of sufficient competence to support the theatrical components chosen. Costumes are mandatory. Competition skating attire will be penalized. Props are limited to those that can be carried or pushed onto the ice surface by the competitor, unassisted. Set up and clearance times are limited to 30 seconds each. Props may not include flames, smoke or any presentation that affects the quality of the ice surface. Events will not be segregated by gender. Programs shall be a maximum of 1:40 minutes.

Levels

SC 1) No Test (includes No Test Tots)/ Pre Preliminary

SC 2) Preliminary/ Pre Juvenile

Register online for the 2010 SCOSNJ Spring Open Invitational at:

www.scosnj.org or www.entryeeze.org

Payment via a secured credit card transaction. Simply follow the links for competition information and use the link to register for the competition and pay with a credit card (Visa, Mastercard & Discover only please).

If you need assistance please e-mail us: competitions.scosnj@gmail.com.

Paper entries not accepted but we will be glad to help you register.

The Official Hotel:

The Westin Mount Laurel • 555 Fellowship Road • Mount Laurel, • New Jersey • 08054

A block of rooms are reserved under "Skating Club of Southern NJ" at a reduced rate of \$119.00. Skaters can begin making room reservations by calling **1-800-WESTIN1**. To guarantee this discounted rate you must call before the cut off date by May 1, 2010. After the 1st, the room rates are \$139/\$149.

www.westonmtlaurel.com

2010 SCOSNJ SPRING INVITATIONAL

Program Advertiser Order Form

Deadline: May 1, 2010 PLEASE SEND CAMERA READY ART

Outside Back Cover	8 1/2 x 11"	\$200
Inside Back Cover or Inside Front Cover	8 1/2 x 11"	\$150
Full Page	8 1/2 x 11"	\$125
1/2 Page – horizontal	8 1/2 x 5 1/2"	\$75
1/4 Page	4 1/4 x 5 1/2"	\$50
Business Card*	Actual Size	\$25
Booster Ads	Maximum 1 line (100 characters or spaces)	\$10

**Business cards may be submitted as is with this form – do not bend, fold or staple card to form.

Ad Size _____ Price _____

Booster Message

Make checks (in full) payable to: SCOSNJ

Name _____ Address _____

City _____ State _____ Zip _____

Phone () _____ Email: _____

All program advertisements will be printed in black and white only. The local organizing committee will not provide any typesetting, design or graphics for the Advertiser's advertisement. All sales are final. No refunds or exchanges. **Please** send order form, ad and check to:

SCOSNJ SPRING INVITATIONAL
C/O Mt Laurel Igloo
3033 Fostertown Road
Mt Laurel, NJ 08054

Or email your ad to: competitions.scosnj@gmail.com. Write "Ad" in subject line. Please note: You must complete this application and send your check to May 1, 2010 or your ad will not be placed.