



**Skating Club of Southern New Jersey  
8th Annual Winter Classic Basic Skills Competition  
Announcement and Entry Form**

Sanctioned by:   
BS Approval #33080

**Date:** March 6, 2010  
**Location:** Igloo at Mt Laurel  
3033 Fostertown Rd.  
Mt. Laurel, NJ 08054  
(856) 638-0801

**Co-Chairs:** Betty Field                      dmfield@aol.com  
Tezanne Zeringo                      [tlzeringo@comcast.net](mailto:tlzeringo@comcast.net)

**Chief Referee:** Jane Reno

**Eligibility:** Events are open to all members in good standing with the USFS or be enrolled in a Basic Skills Program. Basic Skills skaters must be amateurs **who have not passed any “official” USFS test.** All competitors must be registered at their highest group level as of 2/1/10. **All Basic Skills Skaters Levels 1 through 8 must skate at their current level.** Snowplow Sam is limited to skaters age 6 and under. Skaters in Freeskate 1-6 may skate at current level or one level higher **but not both levels.** Participants in ISI skating programs are welcome.

**Rules:** The competition will be conducted according to the rules in the 2009 Rule Book for Basic Skills competition except as stated herein.

**Liability:** The Skating Club of Southern New Jersey, USFS and the Igloo at Mt Laurel accept no responsibility for injury or damage sustained by any participant in this competition; competitors assume the risk of competing in accordance with US Figure Skating rule CR 10.12.

**Practice Ice:** Information and applications will be posted on SCOSNJ website: [www.SCOSNJ.org](http://www.SCOSNJ.org).

**Schedule: Do not send self-addressed, stamped envelopes.** The tentative schedule and individual group assignments with dates and times will be posted on [SCOSNJ.org](http://SCOSNJ.org) as soon as possible after the close of entries. Please check for schedule changes prior to traveling to the competition.

**Music:** Only CD's will be accepted. They must have only **one** track of music and be clearly marked with competitor's name and event. Please submit CD's at the registration desk on arrival (at least one hour prior to scheduled event). Please pick up CD's promptly after the event. The SCOSNJ assumes no responsibility or liability due to loss or damage to any CD's. All possible care will be taken. Competitors should have duplicate CD's with them at their scheduled event (in case of problems with the original music) and for practice sessions.

**Rink:** Two 200 x 85 Rinks

**Awards:** Medals will be presented for First through Fourth places in each event. Every competitor will receive an award.

**Video:** Only battery operated video equipment will be permitted. There will be professional videotaping available for purchase.

**Deadline:** Applications must be accompanied by entry fee; **a copy of your coach/coaches' USFS Registration Card** and must be postmarked no later than **February 1, 2010**. Late entries will be accepted at the discretion of the Competition Committee and will require an additional \$25.00 fee. **There will be no refunds** except for the cancellation of an event. Make checks payable to: **SCOSNJ**.

**Entry Fees:**

**Basic Skills:** 1<sup>st</sup> Event: \$50.00, 2<sup>nd</sup> Event: \$30.00

**Event Change Fee:** Please review your application closely with your coach to ensure you have entered the correct events/levels. Once names have been submitted to the Chief Referee, no changes will be made except those due to an error by the LOC. After the tentative schedule is posted, any change in registration because of an error on your application will result in a \$25.00 fee per change.

**Returned Checks:** There will be a \$30.00 fee charged for every returned check.

**Mail To:** Skating Club of Southern New Jersey  
c/o Tezanne Zeringo  
1218 Bannard St.  
Cinnaminson, NJ 08077

**Registration:** Please arrive 1 hour prior to your scheduled event. Report to the Registration Desk where you will turn in your music and receive a skater's information packet. Competitors who arrive after their warm-up group begins will be allowed to skate only at the discretion of the referee. If they do not skate, they will forfeit all fees for that event.

**Skating Club of Southern New Jersey**  
**8th Annual Winter Classic Competition**  
**BASIC SKILLS EVENT DESCRIPTIONS**  
**COMPULSORIES (Programs without music)**

**Basic Elements Event: Snowplow Sam – Basic 8**

- Each skater will skate the elements listed below with a minimum of connecting steps in program format.
- To be skated on 1/2 ice
- No music
- Time: 1:00 or less

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2 - 3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2 - 6 in a row</li> </ol>	<p><b><u>Basic 5</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counter clockwise</li> <li>2. Backward crossovers 6 - 8 consecutive; both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side toe hop; either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 - 8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6 - 8 in a row</li> </ol>	<p><b><u>Basic 6</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide; either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk; R to L and L to R</li> <li>2. Ballet jump; either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn; either direction</li> <li>4. Backward one foot glide; either foot</li> </ol>	<p><b><u>Basic 8</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka; either direction</li> <li>4. Combination move; clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin- optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside therr turn- R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop – R or L</li> </ol>	

**Compulsories Event: Freeskate 1-6**

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A .2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 or less.

<p><b>Freeskate level 1</b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking- 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges- 2-4 outside and 2-4 inside</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b>Freeskate level 4</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise</li> <li>2. Forward power 3's, 2-3 consecutive sets- R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
<p><b>Freeskate level 2</b></p> <ol style="list-style-type: none"> <li>1. Forward outside spiral- R or L and a forward inside spiral- R or L</li> <li>2. Waltz Three's- R or L</li> <li>3. Beginning back spin- entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	<p><b>Freeskate level 5</b></p> <ol style="list-style-type: none"> <li>1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump</li> <li>5. Flip jump</li> </ol>
<p><b>Freeskate level 3</b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4-6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow spin</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<p><b>Freeskate level 6</b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence- 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6)</li> <li>2. Camel, sit spin combination- minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>

## BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

### Freeskate programs with music

- The skating order of the require elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, et unless otherwise specified
- To be skated on full ice
- Vocal music is allowed.
- The skater may used elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:00 +/- 10 seconds for Snowplow Sam through Basic 8;
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<p><b><u>Snowplow Sam - Tots</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2 - 3 in a row</li> <li>3. Backward wiggles 2 - 6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counter clockwise</li> <li>2. Backward crossovers 6 - 8 consecutive in both directions</li> <li>3. One foot spin; minimum of three revolutions</li> <li>4. Side Toe hop; either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 - 8 in a row</li> <li>3. Backward wiggles 6 - 8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn from a standstill; R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line; R or L</li> <li>4. Lunge; R or L</li> <li>5. T-stop; R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide- either foot</li> <li>2. Two foot turn in place forward to backward</li> <li>3. Backward two foot swizzles 6-8 in a row</li> <li>4. Forward alternating ½ swizzle pumps in a straight line Across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk; R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide; either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns; R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move; clockwise or counter clockwise; two forward crossovers into FI Mohawk, step behind, step into one back crossover and step into a forward inside edge</li> <li>5. Beginning one-foot upright spin; optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6 - 8 consecutive both directions</li> <li>3. Forward outside three turn; R &amp; L from a standstill</li> <li>4. backward stroking</li> <li>5. Backward snowplow stop; Ror L</li> </ol>	

## FREE SKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<b>Free skate 1</b> 1. Advanced forward stroking 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump	<b>Free skate 4</b> 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
<b>Free skate 2</b> 1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	<b>Free skate 5</b> 1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop combination jump 4. Flip jump
<b>Free skate 3</b> 1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	<b>Free skate 6</b> 1. Camel/sit spin combination, min of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

**Skating Club of Southern New Jersey  
8th Annual Winter Classic Basic Skills Competition  
Applications must be postmarked by February 1, 2010**

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<b>Last Name</b>	<b>First Name</b>	<b>MI</b>	<b>Birthdate</b>	<b>Age</b>	<b>USFS/BS #</b>
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<b>Street Address</b>	<b>City</b>	<b>State</b>	<b>Zip Code</b>
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<b>e-mail</b>	<b>Home phone</b>	<b>Cell Phone</b>
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<b>Home club or rink</b>	<b>Coach</b>	<b>Coach's e-mail</b>	<b>Coach's phone</b>
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**Highest BS or ISI test level passed as of 2/1/10**

***Compulsories Event (no music)***

___ Snowplow Sam	
___ Basic 1	___ Basic 5
___ Basic 2	___ Basic 6
___ Basic 3	___ Basic 7
___ Basic 4	___ Basic 8
___ FS level 1	___ FS level 2
___ FS level 3	___ FS level 4
___ FS level 5	___ FS level 6

***Basic Program Event (with music)***

___ Snowplow Sam	
___ Basic 1	___ Basic 5
___ Basic 2	___ Basic 6
___ Basic 3	___ Basic 7
___ Basic 4	___ Basic 8
___ FS level 1	___ FS level 2
___ FS level 3	___ FS level 4
___ FS level 5	___ FS level 6

**Endorsement of coach** \_\_\_\_\_

*“These are the correct events for this skater.”*

***Entry Fee: \$50.00 1st Event \$30.00 Per Additional Event  
Deadline: February 1, 2010. Make Checks Payable to: SCOSNJ, Inc***

**Total fees enclosed \$ \_\_\_\_\_**

***Please review your entry form carefully as all event changes due to your error will incur a \$25.00 fee per change. Entry forms postmarked later than February 1, 2010 will be assessed a \$25.00 late fee.***

I understand that I, my son or daughter, skate at this competition at my/their own risk and hereby release the SCOSNJ, its directors and professional staff, The Igloo at Mt. Laurel and all personnel from all liability.

Signature (Parent of Skater if under 18) \_\_\_\_\_

Rink/Club Authorized Signature \_\_\_\_\_

***Mail entry form with check and copy of coach's USFS Registration to:  
SCOSNJ, c/o Tezanne Zeringo, 1218 Bannard St., Cinnaminson NJ 08077***

